

# Underlying Causes of Chronic Disease

**Free Lecture By John Humiston, MD**  
**September 13, Tuesday, 7:00 p.m. @**  
**The Center for Health and Wellbeing**

In this informative evening lecture, Dr. John Humiston investigates the causes of our many modern chronic diseases and epidemics.

## Do you suffer from:

- \* **depression**
- \* **insomnia**
- \* **chronic fatigue**
- \* **anxiety**
- \* **GERD (heartburn)**
- \* **diabetes**
- \* **irritable bowel syndrome**
- \* **migraine headache**
- \* **and other chronic conditions?**

Dr. Humiston has found through clinical experience that these increasingly common diseases can be traced to a combination of certain infections and/or organ failure. By obtaining a thorough history and certain tests, rapidly effective and safe natural medication makes these disorders improve substantially or disappear altogether.

Dr. Humiston completed family medicine training in the U.S. Navy in 2000 and began working with various chronic diseases, addiction, allergy, autoimmune disease and cancer at the renowned William Hitt Center in 2003. Since joining the Center for Health and Wellbeing in 2010, he has concentrated on applying the effective treatment protocols developed at the Hitt Center to those difficult medical conditions.



**When:** Tuesday, September 13

**Where:** 3636 5<sup>th</sup> Ave  
San Diego Ca. 92103

**Time:** 7:00 p.m.

**Phone:** 619-814-5500

**[www.chwbonline.com](http://www.chwbonline.com)**

