

THE CENTER FOR HEALTH AND WELLBEING
NOW OFFERING MEDICALLY SUPERVISED WEIGHT LOSS PROGRAMS

Weight Loss Now, Wellness Forever with Dr. Hollis, ND

FREE Class Wednesday, July 27, 7:00 p.m.

The HcG Diet Program

7-Weeks to a Slimmer, Healthier You!

Burns Fat while Supporting Lean Muscle Health

Suppresses Appetite and Cravings

Doesn't Crash your Metabolism like Yo-Yo Dieting

Increased Success with Metabolic Profile

LOSE UP TO 30 POUNDS IN 30 DAYS!

Based on what we know, HcG acts on several systems that are believed to alter appetite and maintain a healthy metabolism while at the same time helping the body selectively shed excess body fat. Unlike yo-yo diets that crash your metabolism causing

weight gain when you are done dieting, the HcG diet is a stepping stone to healthier habits. Dr. Hollis helps the patient manage weight loss with ongoing guidance to prepare for positive lifestyle changes that lie beyond. Using HcG to help with positive

eating and exercise habits helps you maintain your all-important lean body mass, whether you decide to transition to the next phase of diet, or to keep the weight off after the returning to a normal routine.



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